



Annual Report

2012-2013

Table of Contents

Mission of the Council	2
Staff of the Lord Fairfax EMS Council	3
Office Information	3
Regional EMS Councils in the Code of Virginia	4
Our Leadership	5
Our Oversight	5
Financial Statement of Activities FY13	6
Financial Statement of Activities Communications FY13	7
Lord Fairfax EMS Council Regional Facts	8
Regional Infrastructure	8
Regional Planning	8
EMS Training	9
Regional Medical Direction	9
Consolidated Test Site Administration	9
Regional Coordination	10
Recruitment and Retention	10
AHA Community Training Center	10
Critical Incident Stress Management (CISM)	10
Virginia Office of Emergency Medical Services	11
In Summary	11

Mission of the Council

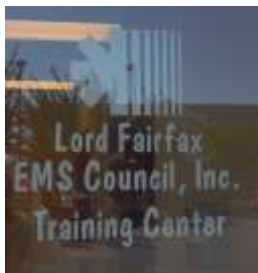
The mission of the Lord Fairfax EMS Council is to promote a regional community-based emergency medical services (EMS) network that reduces premature death and disability from acute illness and injury through the coordination of local EMS resources. Our mission will be accomplished through teamwork, dedication, customer friendly staff, quality training, and by efficient and cost-effective operations.

Staff of the Lord Fairfax EMS Council



Front Row: Elizabeth Lorenz, AHA Training Center Coordinator; Janet Spilewski, Office Manager; Genet Smith, Administrative Assistant
Back Row: Kendra Sours, EMS Systems Coordinator, Tracey McLaurin, Executive Director; Samantha Meade, Regional Field Coordinator

Office Information



The office of the Lord Fairfax EMS Council is located just south of Winchester in Kernstown and is easily accessible to our southern jurisdictions. The office includes a 24'x24' training room, 3 additional breakout rooms, adequate storage for EMS & CPR equipment, and a conference room. Our office is always open Monday thru Friday from 8:00am until 4:00pm and is located at 180 Prosperity Drive, Suite 1, Winchester, VA 22602.

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Additional contact information can be found on our website, www.lfems.vaems.org.

Regional EMS Councils in the Code of Virginia

§ 32.1-111.11. Regional emergency medical services councils.

The Board shall designate regional emergency medical services councils which shall be authorized to receive and disburse public funds. Each council shall be charged with the development and implementation of an efficient and effective regional emergency medical services delivery system.

The Board shall review those agencies that were the designated regional emergency medical services councils. The Board shall, in accordance with the standards established in its regulations, review and may renew or deny applications for such designations every three years. In its discretion, the Board may establish conditions for renewal of such designations or may solicit applications for designation as a regional emergency medical services council.

Each council shall include, if available, representatives of the participating local governments, fire protection agencies, law-enforcement agencies, emergency medical services agencies, hospitals, licensed practicing physicians, emergency care nurses, mental health professionals, emergency medical technicians and other appropriate allied health professionals.

Each council shall adopt and revise as necessary a regional emergency medical services plan in cooperation with the Board.

The designated councils shall be required to match state funds with local funds obtained from private or public sources in the proportion specified in the regulations of the Board. Moneys received directly or indirectly from the Commonwealth shall not be used as matching funds. A local governing body may choose to appropriate funds for the purpose of providing matching grant funds for any council. However, this section shall not be construed to place any obligation on any local governing body to appropriate funds to any council.

The Board shall promulgate, in cooperation with the State Emergency Medical Services Advisory Board, regulations to implement this section, which shall include, but not be limited to, requirements to ensure accountability for public funds, criteria for matching funds, and performance standards.

Our Leadership

Board of Directors

Jon Henschel, President ☆
Larry Oliver, Vice-President ☆
Pamela Keeler, Treasurer ☆
Chris Rucker, Secretary ☆
Jason Burns
Kevin Catlett
Lee Coffelt
Callie Dove
Phyllis Fleming
Jeff Hensley
Scott Higgs
Jeff Long ☆
Jamey Mantz
C. Eddie McClellan
Julie Miller
Dr. Jack Potter ☆
Tommy Price
Richard Ridgell
Dr. Chris Turnbull
Chris Tusing
Mike Utley
Julie Wagaman
Jill Young
Tracey McLaurin ☆

Representing

City of Winchester
Frederick County
Frederick County
Valley Health Systems
Clarke County
Warren County
Clarke County
Warren County
Shenandoah County
Page County
Page County
Consumer
Shenandoah County
City of Winchester
Page Memorial Hospital
Chair, Medical Direction Board
Frederick County
City of Winchester
Regional Medical Director
Shenandoah County
Warren County
Clarke County
Page County
Executive Director

Council Representative to the
EMS Advisory Board

☆ Denotes Executive Committee

All Positions current as of June 30, 2013

Our Oversight

Committee and Program Leaders

Executive Committee- Jon Henschel, Chairman
Medical Direction/ Pharmacy Committee- Dr. Jack Potter
Performance Improvement Committee- Callie Dove
Trauma Performance Improvement Committee- Jon Henschel
Disaster Committee- Jeff Long
Instructor Network/Training Committee- Larry Oliver
Communications Committee- Jason Burns
Critical Incident Stress Management (CISM)- Helen Zebarth, R.N., Coordinator
Awards Committee- Jill Young
Finance Committee- Pam Keeler

Lord Fairfax EMS Council, Inc.

Financial Statement of Activities

	<u>2013</u>	<u>2012</u>
<u>Support & Revenue</u>		
State Government	\$236,414	\$241,129
Local Governments	62,749	62,749
Grants	13,209	25,739
Other Support & Income	123,323	140,910
Interest Income	<u>2,336</u>	<u>3,676</u>
Total Support & Revenue	438,031	474,203
 <u>Expenses</u>		
Management & General	106,501	112,042
Program Services	<u>342,286</u>	<u>346,012</u>
Total Expenses	448,787	454,421
<hr/>		
Change in Net Assets	(10,756)	16,149
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Net Assets- Beginning of Year	326,793	266,308
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Net Assets- End of Year	<u>\$301,708</u>	<u>\$326,793</u>

The Non-Profit & Government Audit Group in Chantilly, VA conducted the Council's audit of financial statements. The full audit report, as well as the Council's Annual 990 Report is available for inspection at the Council office.

Local funding resulted in a 32% match for FY13.

The Lord Fairfax EMS Council, Inc. was chartered in 1978 under the laws of the Commonwealth of Virginia.

The Council is a private, not-for-profit, tax exempt organization as described in section 501(c)3 of the Federal IRS Code.

Donations to the Council are tax deductible.

Federal ID Number: 54-1901169

Lord Fairfax EMS Council, Inc.

Financial Statement of Activities- Communications (Restricted)

<u>Support</u>	<u>2013</u>	<u>2012</u>
Hospital Income	\$20,000	\$20,000
Interest Income	986	767
Grants	38,978	0
Net Assets released	<u>0</u>	<u>(44,336)</u>
Total Support	59,964	(23,569)
<u>Expenses</u>		
General	0	0
Program Support	<u>14,329</u>	<u>13,848</u>
Total Expenses	13,848	13,848
Change in Net Assets	59,964	(23,569)
Net Assets- Beginning	56,373	79,942
Net Assets- Ending	<u>\$116,337</u>	<u>\$56,373</u>

Thanks to the generous support of our local hospitals, the Lord Fairfax EMS Council is able to continue to support the communications system throughout our region. This restricted funding is used for continued maintenance, repairs, rent, & utilities of the equipment. Thanks to the following hospitals for their partnership in this project to ensure continued and reliable communication equipment for our EMS providers and agencies:

Page Memorial Hospital

Shenandoah Memorial Hospital

Warren Memorial Hospital

Winchester Medical Center

Lord Fairfax EMS Council Regional Facts

The Lord Fairfax EMS Council region encompasses the counties of Clarke, Frederick, Page, Shenandoah, Warren, and the independent City of Winchester. The region is one of the fastest growing areas in the Commonwealth of Virginia. The region includes a population of over 200,000 and covers 1,646 square miles. Winchester Medical Center is a Level II Trauma Center & Level I Primary Stroke Center; Page and Shenandoah Memorial Hospitals are both Critical Access hospitals. Warren, Shenandoah, and Page Memorial Hospitals are Level IV Initial Entry Access Stroke Center.



Regional Infrastructure

- The Council currently maintains an office which is staffed full time five days a week from 8:00am to 4:00pm.
- Publishes bi-monthly financial reports, quarterly director's program reports, an annual report, committee minutes and attendance rosters, and other training and event advisories.
- Maintains and publishes Council policies, By-Laws, and other plans and procedures.
- Maintains an interactive website that includes all committee minutes and regional plans, policies, and training calendars as well as the ability to register online for all Council classes.
- Held four Council Board of Director meetings and numerous committee meetings this past year.
- Provides representation on several local, regional, and statewide committees and Boards, including the Virginia EMS Advisory Board and its related committees, two Local Emergency Planning Committees (LEPCs), Northern VA Emergency Preparedness Team, several hospital committees, and Fire & Rescue Associations.

Regional Planning

- Revised, published, and distributed the Regional EMS Strategic Plan which includes core strategies and initiatives.
- Reviewed and revised the Regional Trauma Triage Plan.
- Continued to monitor and oversee the Drug Accountability, Exchange, and Control Policy program.
- Monitored and revised the Regional Stroke Plan with a regional committee.



- Reviewed and published Regional Hospital Diversion Plan.
- Continued to work with the regional Disaster Planning committee to review and revise the MCI Plan. A tabletop exercise was held June, 2013 with regional stakeholder groups.

EMS Training

EMS training continues to be an ongoing challenge, not only for our region but for the entire state. With an increase in the required number of hours for a training class there also come additional expenses. Providers still seek certifications in EMS, both initial and recertification, but limited time in their schedules makes it difficult to obtain training. Online CE has begun to eliminate the need for recertification classes, although there are some providers that still prefer the classroom and a large percentage of required continuing education needs to be hands-on practice. With the increased cost of online training, providers were again looking for viable, cost-effective options for recertification.



The Council, recognizing a tremendous need for providers to have a more economical way to obtain online training entered into a contract with CentreLearn in April this year to offer our providers in the region access to the vast online library of CentreLearn classes at half the cost they would normally pay. This pilot program will run for a period of one year. Instead of paying \$40 for all the classes they want to take, the Council subsidizes \$20 of their fee and they only pay the remaining \$20. Registration is completed thru the Council's website and once their agency membership is confirmed, they have complete access to the entire CentreLearn online library and receive CE credits towards their VA certification.

We continue to have a very strong representation with the Lord Fairfax Community College EMS Program. The Regional Field Coordinator participates on the Curriculum Advisory Committee.

The Council continues to provide training on the regional *Pre-Hospital Standard Patient Treatment Protocols*, and is currently developing online training as a new delivery method.

- Held two EMT-Basic classes, one at the Council Training Center with 18 participants and the other at Clarke County High School with 11 participants.
- Provided 625 hours of BLS & ALS continuing education hours. The Council also assisted with the annual Advanced Clinical Education Symposium (A.C.E.S.) hosted by Valley Health & Aircare 4 providing 549 credit hours to participants.
- Provided guidance for providers to use the new OEMS provider portal for CE reports and all certification paperwork.

Regional Medical Direction

- Maintained a signed contract with a Regional Medical Director. Dr. Christopher Turnbull provides coverage for regional medical direction and works in concert with the other five Operational Medical Directors in the region. Dr. Turnbull also serves as the Medical Director for the City of Winchester and Valley Medical Transport.
- Maintained and revised Pre-hospital Standard Patient Care Treatment Protocols. A committee of the Council spent numerous months reviewing and revising every protocol and medication. The Council also provided logistics and training support to all the jurisdictions upon implementation.
- An app was created this year for EMS providers with Apple or Android smartphones with the complete version of the regional Protocols with ongoing updates as needed.

Consolidated Test Site Administration

- Held a total of 4 Consolidated test sites with 132 EMT candidates. All testing is held at the **Shenandoah University Bernard J Dunn School of Pharmacy**. We thank the **School of Pharmacy** for their continued support as we continue our quest to educate effective and quality EMS caregivers in our region.
- Developed and posted a testing schedule of dates, times, and locations and provided assistance to candidates registering online.
- Implemented a new Pearson-Vue authorized Testing Center January, 2013 at the Council office to allow EMS providers to complete their written National Registry testing to alleviate the need to travel outside the region. 104 EMS providers tested in the first 6 months and 264 individuals tested in other certifications.



Regional Coordination

- Reviewed and revised the Regional Medical/Trauma Performance Improvement Plans.
- Published a template for regional agency reporting and encouraged agency compliance.
- Provided technical assistance to EMS agencies on state regulations related to QA/QI reporting.
- Provided assistance regarding EMS issues such as continuing education, rules and regulations, reciprocity, affiliation changes, etc. to agencies within our region.
- Maintained an active website. Updates and minutes are continuously posted to the site. The Council posts upcoming events and training to the website for all agencies in our region and other EMS Councils across the state. All regional plans are also provided on the website. All registration for EMS & CPR training, as well as test site registration is completed online.
- Promoted the state RSAF grant program, provided grant reviews for the VA Office of EMS, provided technical assistance, and submitted grant reviews during two grant cycles this year. The Council's member agencies received \$938,405 in grant funding.
- Held two regional EMS Instructor Network meetings and continually provided updated materials electronically to all instructors and coordinators within our region as well as serving their training equipment needs.
- Served as a clearinghouse for regional and state EMS information, posters, calendars, and other materials to be distributed to providers in our region.



- Held a Regional Awards Program June 12, 2013 to recognize eight outstanding providers and organizations. The regional award winners were submitted to the VA Office of EMS for consideration of the Governor's EMS Awards in November. **Victoria Hardesty of Clear Brook Volunteer Fire & Rescue** won the Regional EMS Award for Outstanding Contribution to EMS by a High School Senior and received a \$1,000 scholarship! We wish Victoria great success in her future in nursing!

Recruitment & Retention

- Provided volunteer and career referrals and training information in response to hundreds of calls and e-mails every day.
- Attended meetings of the Virginia Recruitment & Retention Network.

AHA Community Training Center

The Council's American Heart Association Community Training Center develops, implements, and manages strategies to improve the chain of survival in the communities we serve. Currently, the Training Center has the following instructors it is responsible for:

Discipline	Number of Instructors
Basic Life Support	123

The Lord Fairfax EMS Council has provided AHA Training to universities, colleges, business offices, physician's offices, dentist's offices, schools, and large and small business organizations during the year. A total of 4,314 residents received education thru our training center this year.



Critical Incident Stress Management (CISM)

The Council continues to provide a CISM Team comprised of 28 professionals that work with individuals or groups of emergency medical services, fire, and police personnel who may suffer from stress after being involved in a critical incident. Team members provide pre-incident education and post-incident defusing, demobilization and debriefing. The Council offered a two day advanced training in April with eight participants.

Virginia Office of Emergency Medical Services

The staff of the Lord Fairfax EMS Council and several regional agency personnel continue to serve on numerous state committees and represent this region at the state level. **Tracey McLaurin** serves as the representative and secretary to the Regional Executive Directors Group. **Larry Oliver** serves on the State EMS Advisory Board, chairman of the Training & Certification Committee and also the Professional Development Coordinator for the Virginia Office of EMS. **Dr. Chris Turnbull** represents our Council on the state Medical Direction committee.



In Summary

This past fiscal year was one of development and growth for the Lord Fairfax EMS Council with its move two years ago into the new office south of Winchester. We've quickly discovered that with the additional training space, we've been able to spread our wings and branch out to provide assistance to our providers, stakeholders, and related organizations in different and varied ways. The implementation of the Pearson-Vue Testing Center has allowed our providers to take their written certification test at the Council office, thus allowing them to continue their educational goals without having to travel to another region. With the change to National Registry certification recently, we've found that this has changed the look of the traditional test site for providers to demonstrate their skills and has created new challenges that we're currently trying to develop a solution for. The addition of the CentreLearn pilot program has greatly benefited those providers needing online continuing education credits, assisting our much needed volunteer base.

Your Council has seen many changes over the last few years. In our effort to streamline the training process, we now accept credit cards for training and payments, offer online registration for training, and hold all classes in our Training Center complete with breakout rooms, and EMS & CPR storage.

We continue to lead the regional EMS system into the future and look forward to working with you, our EMS providers, stakeholders, and community to make the local, regional, and statewide EMS system one of the best. The Council continues to work hard supporting all EMS agencies in the region. Our outreach to non-EMS organizations continues and we look forward to educating our community about our non-profit organization in the coming year. As we improve our service and commitment to localities, it is our continued goal to improve our services to each of the EMS agencies in the region that we serve.

With the economy remaining difficult for the near future, we must continue due diligence to be good fiscal managers of our citizen's funding. We continue to make the most of this difficult economic period and plan to be more fiscally responsible than ever before. We thank all our local governments for their continued support of our mission and goals and can assure you that we will continue to use your funding wisely and responsibly to maximize our efforts for a minimum amount of money. As a non-profit organization, we have to be more fiscally responsible than for-profits!

Our goal is to provide the highest quality of EMS service, training, and support and thereby provide the highest possible level of care for the citizens we serve. Thank you for your continued support and we sincerely hope that you will work with us as we maintain and expand our mission in the region.

*Courage doesn't always roar.
Sometimes courage is the quiet voice
at the end of the day saying,
"I will try again tomorrow."
- Mary Anne Radmacher*

Looking for a new job
in EMS?

Check out the VA EMS
Career Finder website
at

www.vaemsjobs.com



NEW IN 2013!

APP FOR PROTOCOLS!

Have you downloaded the Council's new Protocol app? Find it now on the Apple Store or Google Play by searching for "Lord Fairfax EMS Council". It's totally FREE for download and is updated when needed.

ONLINE CONTINUING EDUCATION

Have you taken advantage of the Council's online CE program thru CentreLearn? Obtain as many hours of CE as you need for the low price of \$20. The Council pays the remaining \$20 for you! More information can be found on the Council's website at www.lfems.vaems.org or by [clicking here](#).

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